

## 9. Mahāsatipaṭṭhānasuttaṃ

**372.** Evaṃ me suttaṃ – ekaṃ samayaṃ bhagavā kurūsu viharati kammāsadhammaṃ nāma kurūnaṃ nigamo. Tatra kho bhagavā bhikkhū āmantesi – “bhikkhavo”ti. “Bhaddante”ti [bhadanteti (sī. syā. pī.)] te bhikkhū bhagavato paccassosum. Bhagavā etadavoca –

### Uddeso

**373.** “Ekāyano ayaṃ, bhikkhave, maggo sattānaṃ visuddhiyā, sokaparidevānaṃ samatikkamāya dukkhadomanassānaṃ atthaṅgamāya ñāyassa adhigamāya nibbānassa sacchikiriyāya, yadidaṃ cattāro satipaṭṭhānā.

“Katame cattāro? Idha, bhikkhave, bhikkhu kāye kāyānupassī viharati ātāpī sampajāno satimā vineyya loke abhijjhādomanassaṃ, vedanāsu vedanānupassī viharati ātāpī sampajāno satimā, vineyya loke abhijjhādomanassaṃ, citte cittānupassī viharati ātāpī sampajāno satimā vineyya loke abhijjhādomanassaṃ, dhammesu dhammānupassī viharati ātāpī sampajāno satimā vineyya loke abhijjhādomanassaṃ.

Uddeso niṭṭhito.

### Kāyānupassanā ānāpānappabbaṃ

**374.** “Kathañca pana, bhikkhave, bhikkhu kāye kāyānupassī viharati? Idha, bhikkhave, bhikkhu araññaḅagato vā rukkhamaūlagato vā suññaḅāragato vā nisīdati pallaṅkaṃ ābhujitvā ujum kāyaṃ paṇidhāya parimukhaṃ satim upaṭṭhapetvā. So satova assasati, satova passasati. Dīghaṃ vā assasanto `dīghaṃ assasāmī`ti pajānāti, dīghaṃ vā passasanto `dīghaṃ passasāmī`ti pajānāti. Rassaṃ vā assasanto `rassaṃ assasāmī`ti pajānāti, rassaṃ vā passasanto `rassaṃ passasāmī`ti pajānāti. `Sabbakāyapaṭisaṃvedī assasissāmī`ti sikkhati, `sabbakāyapaṭisaṃvedī passasissāmī`ti sikkhati. `Passambhayaṃ kāyasaṅkhāraṃ assasissāmī`ti sikkhati, `passambhayaṃ kāyasaṅkhāraṃ passasissāmī`ti sikkhati.

“Seyyathāpi, bhikkhave, dakkho bhamakāro vā bhamakārantevāsī vā dīghaṃ vā añchanto `dīghaṃ añchāmī`ti pajānāti, rassaṃ vā añchanto `rassaṃ añchāmī`ti pajānāti evameva kho, bhikkhave, bhikkhu dīghaṃ vā assasanto `dīghaṃ assasāmī`ti pajānāti, dīghaṃ vā passasanto `dīghaṃ passasāmī`ti pajānāti, rassaṃ vā assasanto `rassaṃ assasāmī`ti pajānāti, rassaṃ vā

passasanto `rassaṃ passasāmī`ti pajānāti. `Sabbakāyapaṭisaṃvedī assasissāmī`ti sikkhati, `sabbakāyapaṭisaṃvedī passasissāmī`ti sikkhati, `passambhayaṃ kāyasaṅkhāraṃ assasissāmī`ti sikkhati, `passambhayaṃ kāyasaṅkhāraṃ passasissāmī`ti sikkhati. Iti ajjhattaṃ vā kāye kāyānupassī viharati, bahiddhā vā kāye kāyānupassī viharati, ajjhattabahiddhā vā kāye kāyānupassī viharati. Samudayadhammānupassī vā kāyasmimṃ viharati, vayadhammānupassī vā kāyasmimṃ viharati, samudayavayadhammānupassī vā kāyasmimṃ viharati. `Atthi kāyo`ti vā panassa sati paccupaṭṭhitā hoti yāvadeva ñāṇamattāya paṭissatimattāya anissito ca viharati, na ca kiñci loke upādiyati. Evampi kho [evampi (sī. syā. pī.)], bhikkhave, bhikkhu kāye kāyānupassī viharati.

Ānāpānapabbaṃ niṭṭhitaṃ.

### **Kāyānupassanā iriyāpathapabbaṃ**

**375.** "Puna caparaṃ, bhikkhave, bhikkhu gacchanto vā `gacchāmī`ti pajānāti, ṭhito vā `ṭhitomhī`ti pajānāti, nisinno vā `nisinnomhī`ti pajānāti, sayāno vā `sayānomhī`ti pajānāti, yathā yathā vā panassa kāyo paṇihito hoti, tathā tathā naṃ pajānāti. Iti ajjhattaṃ vā kāye kāyānupassī viharati, bahiddhā vā kāye kāyānupassī viharati, ajjhattabahiddhā vā kāye kāyānupassī viharati. Samudayadhammānupassī vā kāyasmimṃ viharati, vayadhammānupassī vā kāyasmimṃ viharati, samudayavayadhammānupassī vā kāyasmimṃ viharati. `Atthi kāyo`ti vā panassa sati paccupaṭṭhitā hoti yāvadeva ñāṇamattāya paṭissatimattāya anissito ca viharati, na ca kiñci loke upādiyati. Evampi kho, bhikkhave, bhikkhu kāye kāyānupassī viharati.

Iriyāpathapabbaṃ niṭṭhitaṃ.

### **Kāyānupassanā sampajānapabbaṃ**

**376.** "Puna caparaṃ, bhikkhave, bhikkhu abhikkante paṭikkante sampajānakārī hoti, ālokite vilokite sampajānakārī hoti, samiñjite pasārite sampajānakārī hoti, saṅghāṭipattacīvaradhāraṇe sampajānakārī hoti, asite pīte khāyite sāyite sampajānakārī hoti, uccārapassāvakamme sampajānakārī hoti, gate ṭhite nisinne sutte jāgarite bhāsīte tuṅhībhave sampajānakārī hoti. Iti ajjhattaṃ vā...pe... evampi kho, bhikkhave, bhikkhu kāye kāyānupassī viharati.

Sampajānapabbaṃ niṭṭhitaṃ.

## **Kāyānupassanā paṭikūlamanasikārapabbaṃ**

**377.** “Puna caparaṃ, bhikkhave, bhikkhu imameva kāyaṃ uddhaṃ pādatalā adho kesamatthakā tacapariyantaṃ pūraṃ nānappakārassa asucino paccavekkhati – ‘atthi imasmiṃ kāye kesā lomā nakhā dantā taco, maṃsaṃ nhāru aṭṭhi aṭṭhimiñjaṃ vakkhaṃ, hadayaṃ yakanāṃ kilomakaṃ pihakaṃ papphāsaṃ, antaṃ antaḡuṇaṃ udariyaṃ karīsaṃ [karīsaṃ matthaluṅgaṃ (ka.)], pittaṃ semhaṃ pubbo lohitaṃ sedo medo, assu vasā kheḷo siṅghāṇikā lasikā mutta’nti.

“Seyyathāpi, bhikkhave, ubhatomukhā putoli [mūtoḷi (syā.), mutoli (pī.)] pūrā nānāvihitassa dhañṇassa, seyyathidaṃ sālīnaṃ vīhīnaṃ muggānaṃ māsānaṃ tilānaṃ taṇḍulānaṃ. Tameṇaṃ cakkhumā puriso muñcitvā paccavekkheyya – ‘ime sālī, ime vīhī ime muggā ime māsā ime tilā ime taṇḍulā’ti. Evameva kho, bhikkhave, bhikkhu imameva kāyaṃ uddhaṃ pādatalā adho kesamatthakā tacapariyantaṃ pūraṃ nānappakārassa asucino paccavekkhati – ‘atthi imasmiṃ kāye kesā lomā...pe... mutta’nti.

Iti ajjhattaṃ vā...pe... evampi kho, bhikkhave, bhikkhu kāye kāyānupassī viharati.

Paṭikūlamanasikārapabbaṃ niṭṭhitaṃ.

## **Kāyānupassanā dhātumanasikārapabbaṃ**

**378.** “Puna caparaṃ, bhikkhave, bhikkhu imameva kāyaṃ yathāṭṭhitaṃ yathāpaṇihitaṃ dhātuso paccavekkhati – ‘atthi imasmiṃ kāye pathavīdhātu āpodhātu tejodhātu vāyodhātū’ti.

“Seyyathāpi, bhikkhave, dakkho goghātako vā goghātakantevāsī vā gāviṃ vadhitvā catumahāpathe bilaso vibhajitvā nisinno assa, evameva kho, bhikkhave, bhikkhu imameva kāyaṃ yathāṭṭhitaṃ yathāpaṇihitaṃ dhātuso paccavekkhati – ‘atthi imasmiṃ kāye pathavīdhātu āpodhātu tejodhātu vāyodhātū’ti.

“Iti ajjhattaṃ vā kāye kāyānupassī viharati...pe... evampi kho, bhikkhave, bhikkhu kāye kāyānupassī viharati.

Dhātumanasikārapabbaṃ niṭṭhitaṃ.

## **Kāyānupassanā navasivathikapabbaṃ**

**379.** “Puna caparaṃ, bhikkhave, bhikkhu seyyathāpi passeyya sarīraṃ sivathikāya chaḍḍitaṃ ekāhamataṃ vā dvīhamataṃ vā tīhamataṃ vā uddhumātaṃ vinīlakaṃ vipubbakajātaṃ. So imameva kāyaṃ upasaṃharati – ‘ayampi kho kāyo evaṃdhammo evaṃbhāvī evaṃanatīto’ti.

“Iti ajjhataṃ vā ...pe... evampi kho, bhikkhave, bhikkhu kāye kāyānupassī viharati.

“Puna caparaṃ, bhikkhave, bhikkhu seyyathāpi passeyya sarīraṃ sivathikāya chaḍḍitaṃ kākehi vā khajjamānaṃ kulalehi vā khajjamānaṃ gijjhehi vā khajjamānaṃ kaṅkehi vā khajjamānaṃ sunakhehi vā khajjamānaṃ byagghehi vā khajjamānaṃ dīpīhi vā khajjamānaṃ siṅgālehi vā [gijjhehi vā khajjamānaṃ, suvānehi vā khajjamānaṃ, sigālehi vā khajjamānaṃ, (syā. pī.)] khajjamānaṃ vividhehi vā pāṇakajātehi khajjamānaṃ. So imameva kāyaṃ upasaṃharati – ‘ayampi kho kāyo evaṃdhammo evaṃbhāvī evaṃanatīto’ti.

“Iti ajjhataṃ vā...pe... evampi kho, bhikkhave, bhikkhu kāye kāyānupassī viharati.

“Puna caparaṃ, bhikkhave, bhikkhu seyyathāpi passeyya sarīraṃ sivathikāya chaḍḍitaṃ aṭṭhikasaṅkhalikaṃ samaṃsalohitaṃ nhārusambandhaṃ...pe... aṭṭhikasaṅkhalikaṃ nimaṃsalohitamakkhitaṃ nhārusambandhaṃ...pe... aṭṭhikasaṅkhalikaṃ apagatamaṃsalohitaṃ nhārusambandhaṃ...pe... aṭṭhikāni apagatasambandhāni [apagatanhārusambandhāni (syā.)] disā vidisā vikkhittāni, aññena hatthaṭṭhikaṃ aññena pādaṭṭhikaṃ aññena gopphakaṭṭhikaṃ [“aññena gopphakaṭṭhika”nti idaṃ sī. syā. pī. potthakesu natthi] aññena jaṅghaṭṭhikaṃ aññena ūruṭṭhikaṃ aññena kaṭṭhikaṃ [aññena kaṭṭhikaṃ aññena piṭṭhaṭṭhikaṃ aññena kaṇḍakaṭṭhikaṃ aññena phāsukaṭṭhikaṃ aññena uraṭṭhikaṃ aññena aṃsaṭṭhikaṃ aññena bāhuṭṭhikaṃ (syā.)] aññena phāsukaṭṭhikaṃ aññenapiṭṭhiṭṭhikaṃ aññena khandhaṭṭhikaṃ [aññena kaṭṭhikaṃ aññena piṭṭhaṭṭhikaṃ aññena kaṇḍakaṭṭhikaṃ aññena phāsukaṭṭhikaṃ aññena uraṭṭhikaṃ aññena aṃsaṭṭhikaṃ aññena bāhuṭṭhikaṃ (syā.)] aññena gīvaṭṭhikaṃ aññena hanukaṭṭhikaṃ aññena dantaṭṭhikaṃ aññena sīsakaṭāhaṃ. So imameva kāyaṃ upasaṃharati – ‘ayampi kho kāyo evaṃdhammo evaṃbhāvī evaṃanatīto’ti.

“Iti ajjhataṃ vā ...pe... viharati.

“Puna caparaṃ, bhikkhave, bhikkhu seyyathāpi passeyya sarīraṃ sivathikāya chaḍḍitaṃ aṭṭhikāni setāni saṅkhavaṇṇapaṭibhāgāni...pe... aṭṭhikāni puñjakitāni terovassikāni ...pe... aṭṭhikāni pūtini cuṇṇakajātāni. So imameva kāyaṃ upasaṃharati – ‘ayampi kho kāyo evaṃdhammo evaṃbhāvī evaṃanatīto’ti. Iti ajjhataṃ vā kāye kāyānupassī viharati, bahiddhā vā kāye kāyānupassī viharati, ajjhatabhiddhā vā kāye kāyānupassī viharati. Samudayadhammānupassī vā kāyasmim viharati, vayadhammānupassī vā kāyasmim viharati, samudayavayadhammānupassī vā kāyasmim viharati. ‘Atthi kāyo’ti vā panassa sati paccupaṭṭhitā hoti yāvadeva ñāṇamattāya paṭissatimattāya anissito ca viharati, na ca kiñci loke upādiyati. Evampi kho, bhikkhave, bhikkhu kāye kāyānupassī viharati.

Navasivathikapabbaṃ niṭṭhitaṃ.

Cuddasa kāyānupassanā niṭṭhitā.

### **Vedanānupassanā**

**380.** “Kathañca pana, bhikkhave, bhikkhu vedanāsu vedanānupassī viharati? Idha, bhikkhave, bhikkhu sukhaṃ vā vedanaṃ vedayamāno ‘sukhaṃ vedanaṃ vedayāmi’ti pajānāti . Dukkhaṃ vā vedanaṃ vedayamāno ‘dukkhaṃ vedanaṃ vedayāmi’ti pajānāti. Adukkhamasukhaṃ vā vedanaṃ vedayamāno ‘adukkkhamasukhaṃ vedanaṃ vedayāmi’ti pajānāti. Sāmisam vā sukhaṃ vedanaṃ vedayamāno ‘sāmisam sukhaṃ vedanaṃ vedayāmi’ti pajānāti, nirāmisam vā sukhaṃ vedanaṃ vedayamāno ‘nirāmisam sukhaṃ vedanaṃ vedayāmi’ti pajānāti. Sāmisam vā dukkhaṃ vedanaṃ vedayamāno ‘sāmisam dukkhaṃ vedanaṃ vedayāmi’ti pajānāti, nirāmisam vā dukkhaṃ vedanaṃ vedayamāno ‘nirāmisam dukkhaṃ vedanaṃ vedayāmi’ti pajānāti. Sāmisam vā adukkkhamasukhaṃ vedanaṃ vedayamāno ‘sāmisam adukkkhamasukhaṃ vedanaṃ vedayāmi’ti pajānāti, nirāmisam vā adukkkhamasukhaṃ vedanaṃ vedayamāno ‘nirāmisam adukkkhamasukhaṃ vedanaṃ vedayāmi’ti pajānāti. Iti ajjhataṃ vā vedanāsu vedanānupassī viharati, bahiddhā vā vedanāsuvedanānupassī viharati, ajjhatabhiddhā vā vedanāsu vedanānupassī viharati. Samudayadhammānupassī vā vedanāsu viharati, vayadhammānupassī vā vedanāsu viharati, samudayavayadhammānupassī vā vedanāsu viharati. ‘Atthi vedanā’ti vā panassa sati paccupaṭṭhitā hoti yāvadeva ñāṇamattāya paṭissatimattāya anissito ca viharati, na ca kiñci loke upādiyati. Evampi kho, bhikkhave, bhikkhu vedanāsu vedanānupassī viharati.

Vedanānupassanā niṭṭhitā.

### Cittānupassanā

**381.** “Kathañca pana, bhikkhave, bhikkhu citte cittānupassī viharati? Idha, bhikkhave, bhikkhu sarāgaṃ vā cittaṃ `sarāgaṃ citta`nti pajānāti, vītarāgaṃ vā cittaṃ `vītarāgaṃ citta`nti pajānāti. Sadosaṃ vā cittaṃ `sadosaṃ citta`nti pajānāti, vītadosaṃ vā cittaṃ `vītadosaṃ citta`nti pajānāti. Samohaṃ vā cittaṃ `samohaṃ citta`nti pajānāti, vītamohaṃ vā cittaṃ `vītamohaṃ citta`nti pajānāti. Saṅkhittaṃ vā cittaṃ `saṅkhittaṃ citta`nti pajānāti, vikkhittaṃ vā cittaṃ `vikkhittaṃ citta`nti pajānāti. Mahaggataṃ vā cittaṃ `mahaggataṃ citta`nti pajānāti, amahaggataṃ vā cittaṃ `amahaggataṃ citta`nti pajānāti. Sauttaraṃ vā cittaṃ `sauttaraṃ citta`nti pajānāti, anuttaraṃ vā cittaṃ `anuttaraṃ citta`nti pajānāti. Samāhitaṃ vā cittaṃ `samāhitaṃ citta`nti pajānāti, asamāhitaṃ vā cittaṃ `asamāhitaṃ citta`nti pajānāti. Vimuttaṃ vā cittaṃ `vimuttaṃ citta`nti pajānāti. Avimuttaṃ vā cittaṃ `avimuttaṃ citta`nti pajānāti. Iti ajjhattaṃ vā citte cittānupassī viharati, bahiddhā vā citte cittānupassī viharati, ajjhatabhiddhā vā citte cittānupassī viharati. Samudayadhammānupassī vā cittasmiṃ viharati, vayadhammānupassī vā cittasmiṃ viharati, samudayavayadhammānupassī vā cittasmiṃ viharati, `atthi citta`nti vā panassa sati paccupaṭṭhitā hoti yāvadeva ñāṇamattāya paṭissatimattāya anissito ca viharati, na ca kiñci loke upādiyati . Evampi kho, bhikkhave, bhikkhu citte cittānupassī viharati.

Cittānupassanā niṭṭhitā.

### Dhammānupassanā nīvaraṇapabbaṃ

**382.** “Kathañca pana, bhikkhave, bhikkhu dhammesu dhammānupassī viharati? Idha, bhikkhave, bhikkhu dhammesu dhammānupassī viharati pañcasu nīvaraṇesu. Kathañca pana, bhikkhave, bhikkhu dhammesu dhammānupassī viharati pañcasu nīvaraṇesu?

“Idha, bhikkhave, bhikkhu santaṃ vā ajjhattaṃ kāmacchandaṃ `atthi me ajjhattaṃ kāmacchando`ti pajānāti, asantaṃ vā ajjhattaṃ kāmacchandaṃ `natthi me ajjhattaṃ kāmacchando`ti pajānāti, yathā ca anuppanassa kāmacchandassa uppādo hoti tañca pajānāti, yathā ca uppanassa kāmacchandassa pahānaṃ hoti tañca pajānāti, yathā ca pahīnassa kāmacchandassa āyatim anuppādo hoti tañca pajānāti.

“Santam vā ajjhattam byāpādam `atthi me ajjhattam byāpādo`ti pajānāti, asantam vā ajjhattam byāpādam `natthi me ajjhattam byāpādo`ti pajānāti, yathā ca anuppanassa byāpādassa uppādo hoti tañca pajānāti, yathā ca uppanassa byāpādassa pahānam hoti tañca pajānāti, yathā ca pahīnassa byāpādassa āyatim anuppādo hoti tañca pajānāti.

“Santam vā ajjhattam thinamiddham `atthi me ajjhattam thinamiddha`nti pajānāti, asantam vā ajjhattam thinamiddham `natthi me ajjhattam thinamiddha`nti pajānāti, yathā ca anuppanassa thinamiddhassa uppādo hoti tañca pajānāti, yathā ca uppanassa thinamiddhassa pahānam hoti tañca pajānāti, yathā ca pahīnassa thinamiddhassa āyatim anuppādo hoti tañca pajānāti.

“Santam vā ajjhattam uddhaccakukkuccam `atthi me ajjhattam uddhaccakukkucca`nti pajānāti, asantam vā ajjhattam uddhaccakukkuccam `natthi me ajjhattam uddhaccakukkucca`nti pajānāti, yathā ca anuppanassa uddhaccakukkucassa uppādo hoti tañca pajānāti, yathā ca uppanassa uddhaccakukkucassa pahānam hoti tañca pajānāti, yathā ca pahīnassa uddhaccakukkucassa āyatim anuppādo hoti tañca pajānāti.

“Santam vā ajjhattam vicikiccham `atthi me ajjhattam vicikicchā`ti pajānāti, asantam vā ajjhattam vicikiccham `natthi me ajjhattam vicikicchā`ti pajānāti, yathā ca anuppanāya vicikicchāya uppādo hoti tañca pajānāti, yathā ca uppanāya vicikicchāya pahānam hoti tañca pajānāti, yathā ca pahīnāya vicikicchāya āyatim anuppādo hoti tañca pajānāti.

“Iti ajjhattam vā dhammesu dhammānupassī viharati, bahiddhā vā dhammesu dhammānupassī viharati, ajjhatabhiddhā vā dhammesu dhammānupassī viharati samudayadhammānupassī vā dhammesu viharati, vayadhammānupassī vā dhammesu viharati, samudayavayadhammānupassī vā dhammesu viharati `atthi dhammā`ti vā panassa sati paccupaṭṭhitā hoti yāvadeva ñāṇamattāya paṭissatimattāya anissito ca viharati, na ca kiñci loke upādiyati. Evampi kho, bhikkhave, bhikkhu dhammesu dhammānupassī viharati pañcasu nīvaraṇesu.

Nīvaraṇapabbaṃ niṭṭhitam.

**Dhammānupassanā khandhapabbaṃ**

**383.** “Puna caparaṃ, bhikkhave, bhikkhu dhammesu dhammānupassī viharati pañcasu upādānakkhandhesu. Kathañca pana, bhikkhave, bhikkhu dhammesu dhammānupassī viharati pañcasu upādānakkhandhesu? Idha, bhikkhave, bhikkhu – `iti rūpaṃ, iti rūpassa samudayo, iti rūpassa atthaṅgamo; iti vedanā, iti vedanāya samudayo, iti vedanāya atthaṅgamo; iti saññā, iti saññāya samudayo, iti saññāya atthaṅgamo; iti saṅkhārā, iti saṅkhārānaṃ samudayo, iti saṅkhārānaṃ atthaṅgamo, iti viññāṇaṃ, iti viññāṇassa samudayo, iti viññāṇassa atthaṅgamo`ti, iti ajjhattaṃ vā dhammesu dhammānupassī viharati, bahiddhā vā dhammesu dhammānupassī viharati, ajjhattabahiddhā vā dhammesu dhammānupassī viharati. Samudayadhammānupassī vā dhammesu viharati, vayadhammānupassī vā dhammesu viharati, samudayavayadhammānupassī vā dhammesu viharati. `Atthi dhammā`ti vā panassa sati paccupaṭṭhitā hoti yāvadeva ñāṇamattāya paṭissatimattāya, anissito ca viharati, na ca kiñci loke upādiyati . Evampi kho, bhikkhave, bhikkhu dhammesu dhammānupassī viharati pañcasu upādānakkhandhesu.

Khandhapabbaṃ niṭṭhitaṃ.

### **Dhammānupassanā āyatanapabbaṃ**

**384.** “Puna caparaṃ, bhikkhave, bhikkhu dhammesu dhammānupassī viharati chasu ajjhattikabāhiresu āyatanesu. Kathañca pana, bhikkhave, bhikkhu dhammesu dhammānupassī viharati chasu ajjhattikabāhiresu āyatanesu?

“Idha, bhikkhave, bhikkhu cakkhuñca pajānāti, rūpe ca pajānāti, yañca tadubhayaṃ paṭicca uppajjati saṃyojanaṃ tañca pajānāti, yathā ca anuppannassa saṃyojanassa uppādo hoti tañca pajānāti, yathā ca uppannassa saṃyojanassa pahānaṃ hoti tañca pajānāti, yathā ca pahīnassa saṃyojanassa āyatiṃ anuppādo hoti tañca pajānāti.

“Sotañca pajānāti, sadde ca pajānāti, yañca tadubhayaṃ paṭicca uppajjati saṃyojanaṃ tañca pajānāti, yathā ca anuppannassa saṃyojanassa uppādo hoti tañca pajānāti, yathā ca uppannassa saṃyojanassa pahānaṃ hoti tañca pajānāti, yathā ca pahīnassa saṃyojanassa āyatiṃ anuppādo hoti tañca pajānāti.

“Ghānañca pajānāti, gandhe ca pajānāti, yañca tadubhayaṃ paṭicca uppajjati saṃyojanaṃ tañca pajānāti, yathā ca anuppannassa saṃyojanassa



uppādo hoti tañca pajānāti, yathā ca uppānassa saṃyojanassa pahānaṃ hoti tañca pajānāti, yathā ca pahīnassa saṃyojanassa āyatim anuppādo hoti tañca pajānāti.

“Jivhañca pajānāti, rase ca pajānāti, yañca tadubhayaṃ paṭicca uppajjati saṃyojanaṃ tañca pajānāti, yathā ca anuppānassa saṃyojanassa uppādo hoti tañca pajānāti, yathā ca uppānassa saṃyojanassa pahānaṃ hoti tañca pajānāti, yathā ca pahīnassa saṃyojanassa āyatim anuppādo hoti tañca pajānāti.

“Kāyañca pajānāti, phoṭṭhabbe ca pajānāti, yañca tadubhayaṃ paṭicca uppajjati saṃyojanaṃ tañca pajānāti, yathā ca anuppānassa saṃyojanassa uppādo hoti tañca pajānāti, yathā ca uppānassa saṃyojanassa pahānaṃ hoti tañca pajānāti, yathā ca pahīnassa saṃyojanassa āyatim anuppādo hoti tañca pajānāti.

“Manañca pajānāti, dhamme ca pajānāti, yañca tadubhayaṃ paṭicca uppajjati saṃyojanaṃ tañca pajānāti, yathā ca anuppānassa saṃyojanassa uppādo hoti tañca pajānāti, yathā ca uppānassa saṃyojanassa pahānaṃ hoti tañca pajānāti, yathā ca pahīnassa saṃyojanassa āyatim anuppādo hoti tañca pajānāti.

“Iti ajjhataṃ vā dhammesu dhammānupassī viharati, bahiddhā vā dhammesu dhammānupassī viharati, ajjhatabhiddhā vā dhammesu dhammānupassī viharati. Samudayadhammānupassī vā dhammesu viharati, vayadhammānupassī vā dhammesu viharati, samudayavayadhammānupassī vā dhammesu viharati. ‘Atthi dhammā’ti vā panassa sati paccupaṭṭhitā hoti yāvadeva ñāṇamattāya paṭissatimattāya, anissito ca viharati, na ca kiñci loke upādiyati. Evampi kho, bhikkhave, bhikkhu dhammesu dhammānupassī viharati chasu ajjhattikabāhiresu āyatanesu.

Āyatanapabbaṃ niṭṭhitaṃ.

### **Dhammānupassanā bojjaṅgapabbaṃ**

**385.** “Puna caparaṃ, bhikkhave, bhikkhu dhammesu dhammānupassī viharati sattu bojjaṅgesu. Kathañca pana, bhikkhave, bhikkhu dhammesu dhammānupassī viharati sattu bojjaṅgesu? Idha, bhikkhave, bhikkhu santaṃ vā ajjhataṃ satisambojjaṅgaṃ ‘atthi me ajjhataṃ satisambojjaṅgo’ti pajānāti, asantaṃ vā ajjhataṃ satisambojjaṅgaṃ ‘natthi

me ajjhattaṃ satisambojjhaṅgo'tipajānāti, yathā ca anuppannassa  
satisambojjhaṅgassa uppādo hoti tañca pajānāti, yathā ca uppannassa  
satisambojjhaṅgassa bhāvanāya pāripūrī hoti tañca pajānāti.

“Santaṃ vā ajjhattaṃ dhammavicayasambojjhaṅgaṃ `atthi me ajjhattaṃ  
dhammavicayasambojjhaṅgo'ti pajānāti, asantaṃ vā ajjhattaṃ  
dhammavicayasambojjhaṅgaṃ `natthi me ajjhattaṃ  
dhammavicayasambojjhaṅgo'ti pajānāti, yathā ca anuppannassa  
dhammavicayasambojjhaṅgassa uppādo hoti tañca pajānāti, yathā ca  
uppannassa dhammavicayasambojjhaṅgassa bhāvanāya pāripūrī hoti tañca  
pajānāti.

“Santaṃ vā ajjhattaṃ vīriyasambojjhaṅgaṃ `atthi me ajjhattaṃ  
vīriyasambojjhaṅgo'ti pajānāti, asantaṃ vā ajjhattaṃ vīriyasambojjhaṅgaṃ  
`natthi me ajjhattaṃ vīriyasambojjhaṅgo'ti pajānāti, yathā ca anuppannassa  
vīriyasambojjhaṅgassa uppādo hoti tañca pajānāti, yathā ca uppannassa  
vīriyasambojjhaṅgassa bhāvanāya pāripūrī hoti tañca pajānāti.

“Santaṃ vā ajjhattaṃ pītisambojjhaṅgaṃ `atthi me ajjhattaṃ  
pītisambojjhaṅgo'ti pajānāti, asantaṃ vā ajjhattaṃ pītisambojjhaṅgaṃ `natthi  
me ajjhattaṃ pītisambojjhaṅgo'ti pajānāti, yathā ca anuppannassa  
pītisambojjhaṅgassa uppādo hoti tañca pajānāti, yathā ca uppannassa  
pītisambojjhaṅgassa bhāvanāya pāripūrī hoti tañca pajānāti.

“Santaṃ vā ajjhattaṃ passaddhisambojjhaṅgaṃ `atthi me ajjhattaṃ  
passaddhisambojjhaṅgo'ti pajānāti, asantaṃ vā ajjhattaṃ  
passaddhisambojjhaṅgaṃ `natthi me ajjhattaṃ passaddhisambojjhaṅgo'ti  
pajānāti, yathā ca anuppannassa passaddhisambojjhaṅgassa uppādo hoti  
tañca pajānāti, yathā ca uppannassa passaddhisambojjhaṅgassa bhāvanāya  
pāripūrī hoti tañca pajānāti.

“Santaṃ vā ajjhattaṃ samādhisambojjhaṅgaṃ `atthi me ajjhattaṃ  
samādhisambojjhaṅgo'ti pajānāti, asantaṃ vā ajjhattaṃ  
samādhisambojjhaṅgaṃ `natthi me ajjhattaṃ samādhisambojjhaṅgo'ti  
pajānāti, yathā ca anuppannassa samādhisambojjhaṅgassa uppādo hoti tañca  
pajānāti, yathā ca uppannassa samādhisambojjhaṅgassa bhāvanāya pāripūrī  
hoti tañca pajānāti.

“Santaṃ vā ajjhattaṃ upekkhāsambojjhaṅgaṃ `atthi me ajjhattaṃ  
upekkhāsambojjhaṅgo'ti pajānāti , asantaṃ vā ajjhattaṃ

upekkhāsambojjhaṅgaṃ `natthi me ajjhattaṃ upekkhāsambojjhaṅgo`ti pajānāti, yathā ca anuppanna upekkhāsambojjhaṅgassa uppādo hoti tañca pajānāti, yathā ca uppanna upekkhāsambojjhaṅgassa bhāvanāya pāripūrī hoti tañca pajānāti.

“Iti ajjhattaṃ vā dhammesu dhammānupassī viharati, bahiddhā vā dhammesu dhammānupassī viharati, ajjhatabhiddhā vā dhammesu dhammānupassī viharati. Samudayadhammānupassī vā dhammesu viharati, vayadhammānupassī vā dhammesu viharati, samudayavayadhammānupassī vā dhammesu viharati `atthi dhammā`ti vā panassa sati paccupaṭṭhitā hoti yāvadeva ñāṇamattāya paṭissatimattāya anissito ca viharati, na ca kiñci loke upādiyati. Evampi kho, bhikkhave, bhikkhu dhammesu dhammānupassī viharati sattasu bojjhaṅgesu.

Bojjhaṅgapabbaṃ niṭṭhitaṃ. [[bojjhaṅgapabbaṃ niṭṭhitaṃ](#),  
[paṭhamabhāṇavāraṃ \(syā.\)](#)]

### **Dhammānupassanā saccapabbaṃ**

**386.** “Puna caparaṃ, bhikkhave, bhikkhu dhammesu dhammānupassī viharati catūsu ariyasaccesu. Kathañca pana, bhikkhave, bhikkhu dhammesu dhammānupassī viharati catūsu ariyasaccesu? Idha, bhikkhave, bhikkhu `idaṃ dukkha`nti yathābhūtaṃ pajānāti, `ayaṃ dukkhasamudayo`ti yathābhūtaṃ pajānāti, `ayaṃ dukkhanirodho`ti yathābhūtaṃ pajānāti, `ayaṃ dukkhanirodhagāminī paṭipadā`ti yathābhūtaṃ pajānāti.

Paṭhamabhāṇavāro niṭṭhito.

### **Dukkhasaccaniddeso**

**387.** “Katamañca , bhikkhave, dukkhaṃ ariyasaccaṃ? Jātipi dukkhā, jarāpi dukkhā, maraṇampi dukkhaṃ, sokaparidevadukkhadomanassupāyāsāpi dukkhā, appiyehi sampayogopi dukkho, piyehi vippayogopi dukkho [[appiyehi...pe... vippayogo dukkhotipāṭho ceva taṃniddeso ca katthaci na dissati, aṭṭhakathāyaṃpi taṃsaṃvaṇṇanā natthi](#)], yampicchaṃ na labhati tampi dukkhaṃ,**saṅkhittena pañcupādānakkhandhā**[[pañcupādānakkhandhāpi \(ka.\)](#)]**dukkhā.**

**388.** “Katamā ca, bhikkhave, jāti? Yā tesam tesam sattānaṃ tamhi tamhi sattanikāye jāti sañjāti okkanti abhinibbatti khandhānaṃ pātubhāvo āyatanānaṃ paṭilābho, ayaṃ vuccati, bhikkhave, jāti.

**389.** “Katamā ca, bhikkhave, jarā? Yā tesam tesam sattānaṃ tamhi tamhi sattanikāye jarā jīraṇatā khaṇḍiccaṃ pāliccaṃ valittacatā āyuno saṃhāni indriyānaṃ paripāko, ayaṃ vuccati, bhikkhave, jarā.

**390.** “Katamañca, bhikkhave, maraṇaṃ? Yaṃ [atthakathā oloketabbā] tesam tesam sattānaṃ tamhā tamhā sattanikāyā cuti cavanatā bhedo antaradhānaṃ maccu maraṇaṃ kālakiriyā khandhānaṃ bhedo kaḷavarassa nikkhepo jīvitindriyassupacchedo, idaṃ vuccati, bhikkhave, maraṇaṃ.

**391.** “Katamo ca, bhikkhave, soko? Yo kho, bhikkhave, aññataraññatarena byasanena samannāgatassa aññataraññatarenadukkhadhammena phuṭṭhassa soko socanā socitattaṃ antosoko antoparisoko, ayaṃ vuccati, bhikkhave, soko.

**392.** “Katamo ca, bhikkhave, paridevo? Yo kho, bhikkhave, aññataraññatarena byasanena samannāgatassa aññataraññatarena dukkhadhammena phuṭṭhassa ādevo paridevo ādevanā paridevanā ādevitattaṃ paridevitattaṃ, ayaṃ vuccati, bhikkhave paridevo.

**393.** “Katamañca , bhikkhave, dukkhaṃ? Yaṃ kho, bhikkhave, kāyikaṃ dukkhaṃ kāyikaṃ asātaṃ kāyasamphassaṃ dukkhaṃ asātaṃ vedayitaṃ, idaṃ vuccati, bhikkhave, dukkhaṃ.

**394.** “Katamañca , bhikkhave, domanassaṃ? Yaṃ kho, bhikkhave, cetasikaṃ dukkhaṃ cetasikaṃ asātaṃ manosamphassaṃ dukkhaṃ asātaṃ vedayitaṃ, idaṃ vuccati, bhikkhave, domanassaṃ.

**395.** “Katamo ca, bhikkhave, upāyāso? Yo kho, bhikkhave, aññataraññatarena byasanena samannāgatassa aññataraññatarena dukkhadhammena phuṭṭhassa āyāso upāyāso āyāsitaṃ upāyāsitaṃ, ayaṃ vuccati, bhikkhave, upāyāso.

**396.** “Katamo ca, bhikkhave, appiyehi sampayogo dukkho? Idha yassa te honti aniṭṭhā akantā amanāpā rūpā saddā gandhā rasā phoṭṭhabbā dhammā, ye vā panassa te honti anattakāmā ahitakāmā aphāsukakāmā

ayogakkhemakāmā, yā tehi saddhiṃ saṅgati samāgamo samodhānaṃ missībhāvo, ayaṃ vuccati, bhikkhave, appiyehi sampayogo dukkho.

**397.** “Katamo ca, bhikkhave, piyehi vippayogo dukkho? Idha yassa te honti iṭṭhā kantā manāpā rūpā saddā gandhā rasā phoṭṭhabbā dhammā, ye vā panassa te honti atthakāmā hitakāmā phāsukakāmā yogakkhemakāmā mātā vā pitā vā bhātā vā bhaginī vā mittā vā amaccā vā ñātisālohitā vā, yā tehi saddhiṃ asaṅgati asamāgamo asamodhānaṃ amissībhāvo, ayaṃ vuccati, bhikkhave, piyehi vippayogo dukkho.

**398.** “Katamañca , bhikkhave, yampicchaṃ na labhati tampi dukkhaṃ? Jātidhammānaṃ, bhikkhave, sattānaṃ evaṃ icchā uppajjati – `aho vata mayaṃ na jātidhammā assāma, na ca vata no jāti āgaccheyyā’ti. Na kho panetaṃ icchāya pattabbaṃ, idampi yampicchaṃ na labhati tampi dukkhaṃ. Jarādhammānaṃ, bhikkhave, sattānaṃ evaṃ icchā uppajjati – `aho vata mayaṃ na jarādhammā assāma, na ca vata no jarā āgaccheyyā’ti. Na kho panetaṃ icchāya pattabbaṃ, idampi yampicchaṃ na labhati tampi dukkhaṃ. Byādhidhammānaṃ, bhikkhave, sattānaṃ evaṃ icchā uppajjati `aho vata mayaṃ na byādhidhammā assāma, na ca vata no byādhi āgaccheyyā’ti. Na kho panetaṃ icchāya pattabbaṃ, idampi yampicchaṃ na labhati tampi dukkhaṃ. Maraṇadhammānaṃ, bhikkhave, sattānaṃ evaṃ icchā uppajjati `aho vata mayaṃ na maraṇadhammā assāma, na ca vata no maraṇaṃ āgaccheyyā’ti. Na kho panetaṃ icchāya pattabbaṃ, idampi yampicchaṃ na labhati tampi dukkhaṃ. Sokaparidevadukkhadomanassupāyāsadhammānaṃ, bhikkhave, sattānaṃ evaṃ icchā uppajjati `aho vata mayaṃ na sokaparidevadukkhadomanassupāyāsadhammā assāma, na ca vata no sokaparidevadukkhadomanassupāyāsadhammā āgaccheyyū’nti. Na kho panetaṃ icchāya pattabbaṃ, idampi yampicchaṃ na labhati tampi dukkhaṃ.

**399.** “Katame ca, bhikkhave, saṅkhittena pañcupādānakkhandhā dukkhā? Seyyathidaṃ – rūpupādānakkhandho, vedanupādānakkhandho, saññupādānakkhandho, saṅkhārupādānakkhandho, viññāṇupādānakkhandho. Ime vuccanti, bhikkhave, saṅkhittena pañcupādānakkhandhā dukkhā. Idaṃ vuccati, bhikkhave, dukkhaṃ ariyasaccaṃ.

### Samudayasaccaniddeso

**400.** “Katamañca , bhikkhave, dukkhasamudayaṃ [dukkhasamudayo (syā.)] ariyasaccaṃ? Yāyaṃ taṇhā ponobbhavikā [ponobbhavikā (sī. pī.)] nandirāgasahagatā [nandirāgasahagatā (sī. syā.

pī.)] tatratatrābhinandinī, seyyathidaṃ – kāmataṇhā bhavataṇhā vibhavataṇhā.

“Sā kho panesā, bhikkhave, taṇhā kattha uppajjamānā uppajjati, kattha nivisaṃmānā nivisati? Yaṃ loke piyarūpaṃ sātārūpaṃ, etthesātaṇhā uppajjamānā uppajjati, ettha nivisaṃmānā nivisati.

“Kiñca loke piyarūpaṃ sātārūpaṃ? Cakkhu loke piyarūpaṃ sātārūpaṃ, etthesā taṇhā uppajjamānā uppajjati, ettha nivisaṃmānā nivisati. Sotaṃ loke...pe... ghānaṃ loke... jivhā loke... kāyo loke... mano loke piyarūpaṃ sātārūpaṃ, etthesā taṇhā uppajjamānā uppajjati, ettha nivisaṃmānā nivisati.

“Rūpā loke... saddā loke... gandhā loke... rasā loke... phoṭṭhabbā loke... dhammā loke piyarūpaṃ sātārūpaṃ, etthesā taṇhā uppajjamānā uppajjati, ettha nivisaṃmānā nivisati.

“Cakkhuviññāṇaṃ loke... sotaviññāṇaṃ loke... ghānaviññāṇaṃ loke... jivhāviññāṇaṃ loke... kāyaviññāṇaṃ loke... manoviññāṇaṃ loke piyarūpaṃ sātārūpaṃ, etthesā taṇhā uppajjamānā uppajjati, ettha nivisaṃmānā nivisati.

“Cakkhusamphasso loke... sotasamphasso loke... ghānasamphasso loke... jivhāsamphasso loke... kāyasamphasso loke... manosamphasso loke piyarūpaṃ sātārūpaṃ, etthesā taṇhā uppajjamānā uppajjati, ettha nivisaṃmānā nivisati.

“Cakkhusamphassajā vedanā loke... sotasamphassajā vedanā loke... ghānasamphassajā vedanā loke... jivhāsamphassajā vedanā loke... kāyasamphassajā vedanā loke... manosamphassajā vedanā loke piyarūpaṃ sātārūpaṃ, etthesā taṇhā uppajjamānā uppajjati, etthanivisaṃmānā nivisati.

“Rūpasaññā loke... saddasaññā loke... gandhasaññā loke... rasasaññā loke... phoṭṭhabbasaññā loke... dhammasaññā loke piyarūpaṃ sātārūpaṃ, etthesā taṇhā uppajjamānā uppajjati, ettha nivisaṃmānā nivisati.

“Rūpasañcetanā loke... saddasañcetanā loke... gandhasañcetanā loke... rasasañcetanā loke... phoṭṭhabbasañcetanā loke... dhammasañcetanā loke piyarūpaṃ sātārūpaṃ, etthesā taṇhā uppajjamānā uppajjati, ettha nivisaṃmānā nivisati.

“Rūpatañhā loke... saddatañhā loke... gandhatanā loke... rasatañhā loke... phoṭṭhabbatāñhā loke... dhammatañhā loke piyarūpaṃ sātārūpaṃ, etthesā tañhā uppajjamānā uppajjati, ettha nivisamānā nivisati.

“Rūpavitakko loke... saddavitakko loke... gandhavitakko loke... rasavitakko loke... phoṭṭhabbavitakko loke... dhammavitakko loke piyarūpaṃ sātārūpaṃ, etthesā tañhā uppajjamānā uppajjati, ettha nivisamānā nivisati.

“Rūpavicāro loke... saddavicāro loke... gandhavicāro loke... rasavicāro loke... phoṭṭhabbavicāro loke... dhammavicāro loke piyarūpaṃ sātārūpaṃ, etthesā tañhā uppajjamānā uppajjati, ettha nivisamānā nivisati. Idaṃ vuccati, bhikkhave, dukkhasamudayaṃ ariyasaccaṃ.

### **Nirodhasaccaniddeso**

**401.** “Katamañca , bhikkhave, dukkhanirodhaṃ [dukkhanirodho (syā.)] ariyasaccaṃ? Yo tassāyeva tañhāya asesavirāganirodho cāgo paṭinissaggo mutti anālayo.

“Sā kho panesā, bhikkhave, tañhā kattha pahīyamānā pahiyati, kattha nirujjhamānā nirujjhati? Yaṃ loke piyarūpaṃ sātārūpaṃ, etthesā tañhā pahīyamānā pahiyati, ettha nirujjhamānā nirujjhati.

“Kiñca loke piyarūpaṃ sātārūpaṃ? Cakkhu loke piyarūpaṃ sātārūpaṃ, etthesā tañhā pahīyamānā pahiyati, ettha nirujjhamānā nirujjhati. Sotaṃ loke...pe... ghānaṃ loke... jivhā loke... kāyo loke... mano loke piyarūpaṃ sātārūpaṃ, etthesā tañhā pahīyamānā pahiyati, ettha nirujjhamānā nirujjhati.

“Rūpā loke... saddā loke... gandhā loke... rasā loke... phoṭṭhabbā loke... dhammā loke piyarūpaṃ sātārūpaṃ, etthesā tañhā pahīyamānā pahiyati, ettha nirujjhamānā nirujjhati.

“Cakkhuviññāṇaṃ loke... sotaviññāṇaṃ loke... ghānaviññāṇaṃ loke... jivhāviññāṇaṃ loke... kāyaviññāṇaṃ loke... manoviññāṇaṃ loke piyarūpaṃ sātārūpaṃ, etthesā tañhā pahīyamānā pahiyati, ettha nirujjhamānā nirujjhati.

“Cakkhusamphasso loke... sotasamphasso loke... ghānasamphasso loke... jivhāsamphasso loke... kāyasamphasso loke... manosamphasso loke piyarūpaṃ sātārūpaṃ, etthesā tañhā pahīyamānā pahiyati, ettha nirujjhamānā nirujjhati.

“Cakkhusamphassajā vedanā loke... sotasamphassajā vedanā loke ...  
ghānasamphassajā vedanā loke... jivhāsamphassajā vedanā loke...  
kāyasamphassajā vedanā loke... manosamphassajā vedanā loke piyarūpaṃ  
sātarūpaṃ, etthesā taṇhā pahīyamānā pahīyati, ettha nirujjhamānā nirujjhati.

“Rūpasaññā loke... saddasaññā loke... gandhasaññā loke... rasasaññā  
loke... phoṭṭhabbasaññā loke... dhammasaññā loke piyarūpaṃ sātarūpaṃ,  
etthesā taṇhā pahīyamānā pahīyati, ettha nirujjhamānā nirujjhati.

“Rūpasañcetanā loke... saddasañcetanā loke... gandhasañcetanā loke...  
rasasañcetanā loke... phoṭṭhabbasañcetanā loke... dhammasañcetanā loke  
piyarūpaṃ sātarūpaṃ, etthesā taṇhā pahīyamānā pahīyati, ettha  
nirujjhamānā nirujjhati.

“Rūpataṇhā loke... saddataṇhā loke... gandhataṇhā loke... rasataṇhā  
loke... phoṭṭhabbataṇhā loke... dhammataṇhā loke piyarūpaṃ sātarūpaṃ,  
etthesā taṇhā pahīyamānā pahīyati, ettha nirujjhamānā nirujjhati.

“Rūpavitakko loke... saddavitakko loke... gandhavitakko loke... rasavitakko  
loke... phoṭṭhabbavitakko loke... dhammavitakko loke piyarūpaṃ sātarūpaṃ,  
etthesā taṇhā pahīyamānā pahīyati, ettha nirujjhamānā nirujjhati.

“Rūpavicāro loke... saddavicāro loke... gandhavicāro loke... rasavicāro  
loke... phoṭṭhabbavicāro loke... dhammavicāro loke piyarūpaṃ sātarūpaṃ ,  
etthesā taṇhā pahīyamānā pahīyati, ettha nirujjhamānā nirujjhati. Idaṃ  
vuccati, bhikkhave, dukkhanirodhaṃ ariyasaccaṃ.

## **Maggasaccaniddeso**

**402.** “Katamañca, bhikkhave, dukkhanirodhagāminī paṭipadā  
ariyasaccaṃ? Ayameva ariyo aṭṭhaṅgiko maggo seyyathidaṃ – sammādiṭṭhi  
sammāsaṅkappo sammāvācā sammākammanto sammāājīvo sammāvāyāmo  
sammāsati sammāsamādhi.

“Katamā ca, bhikkhave, sammādiṭṭhi? Yaṃ kho, bhikkhave, dukkhe  
ñāṇaṃ, dukkhasamudaye ñāṇaṃ, dukkhanirodhe ñāṇaṃ,  
dukkhanirodhagāminiyā paṭipadāya ñāṇaṃ, ayaṃ vuccati, bhikkhave,  
sammādiṭṭhi.



“Katamo ca, bhikkhave, sammāsaṅkappo? Nekkhammasaṅkappo abyāpādasāṅkappo avihimsāsaṅkappo, ayaṃ vuccati bhikkhave, sammāsaṅkappo.

“Katamā ca, bhikkhave, sammāvācā? Musāvādā veramaṇī [veramaṇi (ka.)] pisuṇāya vācāya veramaṇī pharusāya vācāya veramaṇī samphappalāpā veramaṇī, ayaṃ vuccati, bhikkhave, sammāvācā.

“Katamo ca, bhikkhave, sammākammanto? Pāṇātipātā veramaṇī adinnādānā veramaṇī kāmesumicchācārā veramaṇī, ayaṃ vuccati, bhikkhave, sammākammanto.

“Katamo ca, bhikkhave, sammāājīvo? Idha, bhikkhave, ariyasāvako micchāājīvaṃ pahāya sammāājīvena jīvitaṃ kappeti, ayaṃ vuccati, bhikkhave, sammāājīvo.

“Katamo ca, bhikkhave, sammāvāyāmo? Idha, bhikkhave, bhikkhu anuppanānaṃ pāpakānaṃ akusalānaṃ dhammānaṃ anuppādāya chandaṃ janeti vāyamati vīriyaṃ ārabhati cittaṃ paggaṇhāti padahati; uppanānaṃ pāpakānaṃ akusalānaṃ dhammānaṃ pahānāya chandaṃ janeti vāyamati vīriyaṃ ārabhati cittaṃ paggaṇhāti padahati; anuppanānaṃ kusalānaṃ dhammānaṃ uppādāya chandaṃ janeti vāyamati vīriyaṃ ārabhati cittaṃ paggaṇhāti padahati; uppanānaṃ kusalānaṃ dhammānaṃ ṭhitiyā asammosāya bhīyyobhāvāya vepullāya bhāvanāya pāripūriyā chandaṃ janeti vāyamati vīriyaṃ ārabhati cittaṃ paggaṇhāti padahati. Ayaṃ vuccati, bhikkhave, sammāvāyāmo.

“Katamā ca, bhikkhave, sammāsati? Idha, bhikkhave, bhikkhu kāye kāyānupassī viharati ātāpī sampajāno satimā vineyya loke abhijjhādomanassaṃ; vedanāsu vedanānupassī viharati ātāpī sampajāno satimā vineyya loke abhijjhādomanassaṃ; citte cittānupassī viharati ātāpī sampajāno satimā vineyya loke abhijjhādomanassaṃ; dhammesu dhammānupassī viharati ātāpī sampajāno satimā vineyya loke abhijjhādomanassaṃ. Ayaṃ vuccati, bhikkhave, sammāsati.

“Katamo ca, bhikkhave, sammāsamādhi? Idha, bhikkhave, bhikkhu vivicca kāmehi vivicca akusalehi dhammehi savitakkaṃ savicāraṃ vivekajaṃ pītisukhaṃ paṭhamaṃ jhānaṃ upasampajja viharati. Vitakkavicārānaṃ vūpasamā ajjhattaṃ sampasādanaṃ cetaso ekodibhāvaṃ avitakkaṃ avicāraṃ samādhijaṃ pītisukhaṃ dutiyaṃ jhānaṃ upasampajja viharati. Pītiyā ca virāgā

upekkhako ca viharati, sato ca sampajāno, sukhañca kāyena paṭisaṃvedeti, yaṃ taṃ ariyā ācikkhanti `upekkhako satimā sukhavihārī`ti tatiyaṃ jhānaṃ upasampajja viharati. Sukhassa ca pahānā dukkhassa ca pahānā pubbeva somanassadomanassānaṃ atthaṅgamā **adukkhamasukhaṃ upekkhāsatipārisuddhiṃ** catutthaṃ jhānaṃ upasampajja viharati. Ayaṃ vuccati, bhikkhave, sammāsamādhī. Idaṃ vuccati, bhikkhave, dukkhanirodhagāminī paṭipadā ariyasaccaṃ.

**403.** `Iti ajjhattaṃ vā dhammesu dhammānupassī viharati, bahiddhā vā dhammesu dhammānupassī viharati, ajjhatabhiddhā vā dhammesu dhammānupassī viharati. Samudayadhammānupassī vā dhammesu viharati, vayadhammānupassī vā dhammesu viharati, samudayavayadhammānupassī vā dhammesu viharati. `Atthi dhammā`ti vā panassa sati paccupaṭṭhitā hoti yāvadeva ñāṇamattāya paṭissatimattāya anissito ca viharati, na ca kiñci loke upādiyati. Evampi kho, bhikkhave, bhikkhu dhammesu dhammānupassī viharati catūsu ariyasaccesu.

Saccapabbaṃ niṭṭhitaṃ.

Dhammānupassanā niṭṭhitā.

**404.** `Yo hi koci, bhikkhave, ime cattāro satipaṭṭhāne evaṃ bhāveyya sattavassāni, tassa dvinnaṃ phalānaṃ aññataraṃ phalaṃ pāṭikaṅkhaṃ diṭṭheva dhamme aññā; sati vā upādisese anāgāmitā.

`Tiṭṭhantu, bhikkhave, sattavassāni. Yo hi koci, bhikkhave, ime cattāro satipaṭṭhāne evaṃ bhāveyya cha vassāni...pe... pañca vassāni... cattāri vassāni... tīṇi vassāni... dve vassāni... ekaṃ vassaṃ... tiṭṭhatu, bhikkhave, ekaṃ vassaṃ. Yo hi koci, bhikkhave, ime cattāro satipaṭṭhāne evaṃ bhāveyya sattamāsāni, tassa dvinnaṃ phalānaṃ aññataraṃ phalaṃ pāṭikaṅkhaṃ diṭṭheva dhamme aññā; sati vā upādisese anāgāmitā.

`Tiṭṭhantu, bhikkhave, satta māsāni. Yo hi koci, bhikkhave, ime cattāro satipaṭṭhāne evaṃ bhāveyya cha māsāni...pe... pañca māsāni... cattāri māsāni... tīṇi māsāni ... dve māsāni... ekaṃ māsāṃ... aḍḍhamāsāṃ... tiṭṭhatu, bhikkhave, aḍḍhamāso. Yo hi koci, bhikkhave, ime cattāro satipaṭṭhāne evaṃ bhāveyya sattāhaṃ, tassa dvinnaṃ phalānaṃ aññataraṃ phalaṃ pāṭikaṅkhaṃ diṭṭheva dhamme aññā; sati vā upādisese anāgāmitāti.

**405.** "Ekāyano ayaṃ, bhikkhave, maggo sattānaṃ visuddhiyā sokaparidevānaṃ samatikkamāya dukkhadomanassānaṃ atthaṅgamāya ñāyassa adhigamāya nibbānassa sacchikiriyāya yadidaṃ cattāro satipaṭṭhānāti. Iti yaṃ taṃ vuttaṃ, idamevaṃ paṭicca vutta"nti. Idamavoca bhagavā. Attamanā te bhikkhū bhagavato bhāsitaṃ abhinanduntī.

Mahāsatiṭṭhānasuttaṃ niṭṭhitaṃ navamaṃ.