

Please Select the Course    Timestamp

Count of Timestamp

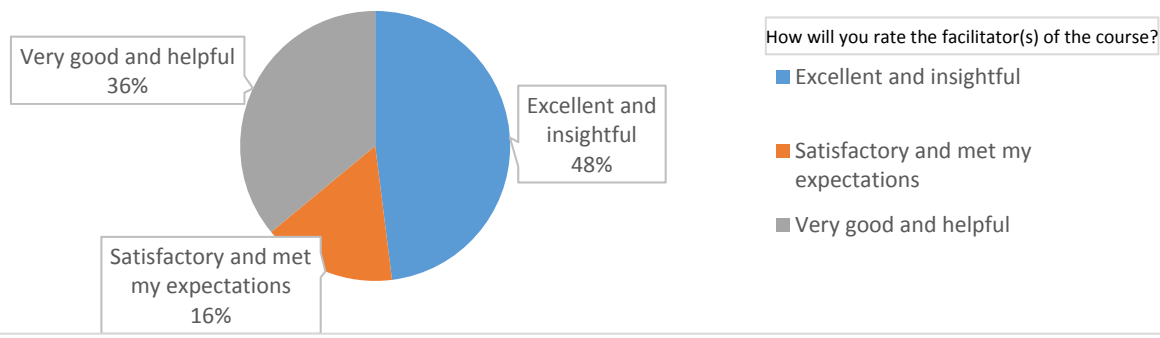
### How did you find the course?



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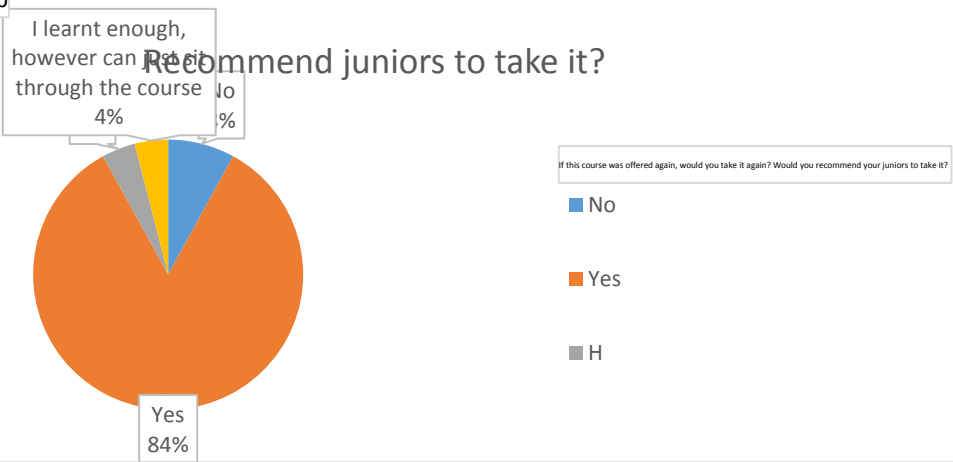
### Rating of the facilitator

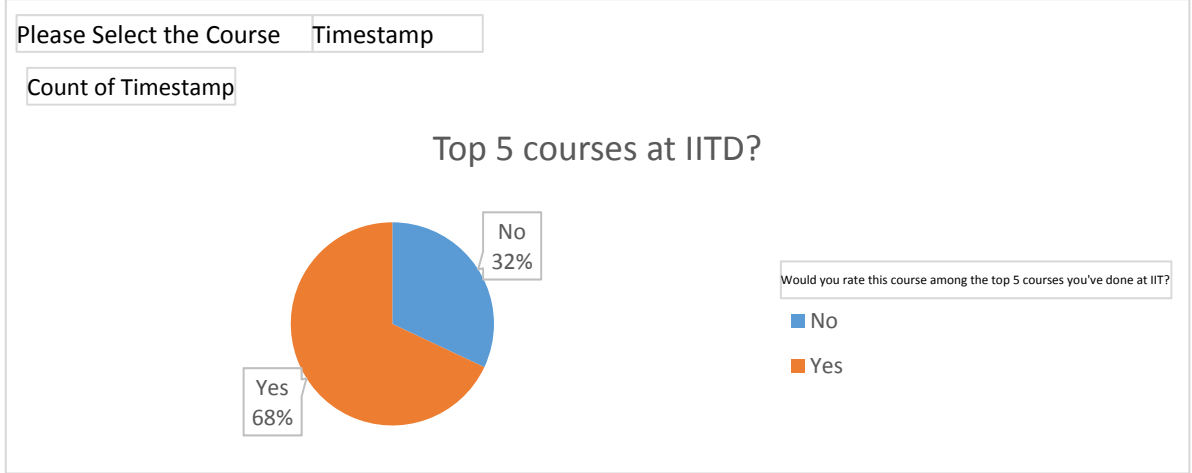


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### Recommend juniors to take it?





Timestamp

**Row Labels**

**VEV732 by Dr. Bijalani**

- .
- can't say
- Everything
- H
- Indian philosophical views on today's world stress and problems
- Interaction and enthusiasm of professor
- like this course
- practical session
- Resource person
- sir was great, learnt too many things and try to apply those learnings in daily life.
- That it had real life implications and insights
- the course is very important to those who are mentally stressed
- the practical classes
- The yoga classes at Ashram
- There was clarity in what it had to offer and gave answers to confusions caused during decision making, in as precise a manner as possible.
- yoga
- Yoga and meditation
- yoga classes
- yoga classes
- Yoga Practical
- (blank)

**Grand Total**

**Row Labels**

**VEV732 by Dr. Bijalani**

- .
- Do it
- Easy and interesting
- good
- great
- H

I personally advice other friends to join this class because this class is more important in our life related to health.

It is a must attend course for all students, since we are all faced with difficult times at some point in our lives and we need to have clarity in terms of what we want to pursue.

it was great to do this course.Yoga is very useful in our life.

its very helpfull in your life and for healt also

My experience was great and you must join the course because only after that you will experience the true joy.

nice and enlightning

Nice course if interested in knowing about Indian culture and more on self discovery

nice course in iitd

no opinion

Really good to understand mind body relation, practice of yoga and a healthy spiritual life

Strongly recommended. Just go for it.

That it is a good course to help make choices in life

you are going to understand the life as a whole, what it means what to do to live a peaceful life.

(blank)

**Grand Total**