

NEN202 Workshop on Leadership through Self-discovery

We all aspire to happy, fulfilling lives. In this context, there are two important sets of questions:

1. What is my aspiration? [What is my purpose? What is my goal? What to do?]
2. How to fulfill my aspiration? [How to fulfill my purpose? How to achieve my goal? What Should I do?]

Therefore, one needs clarity on one's aspirations as well as one requires appropriate competence (skills) to actualize the aspirations.

This workshop will introduce to the participants an effective self-awareness technique to realize personal and professional potential. The focus will be on understanding Self, relationships, our individual/society goals and key barriers to success and effective leadership.

Methodology is very simple, scientific, self-exploratory, self-validating, highly interactive and interesting.

It will help in creating harmony at all four levels of our living i.e. within Self, within family, within society, and with the rest of existence, which is the primary goal of evolved societies.

More precisely, it will add value to one's life with:

1. Clarity on Leadership, Holistic wisdom, basic human Aspirations, Natural Acceptance, Life Processes
2. Ability to self-manage in all situations, Living Stress-Free
3. Possibilities for mutual happiness and prosperity
4. Improved relationships within the family and outside
5. Focus on excellence, improved efficiency, creativity, and productivity
6. Ability to visualize holistic solutions
7. Ability to see interconnectedness and interrelatedness with Human Beings and rest of the Nature

The workshop will be conducted in about 20 sessions of 2 hours each. The sessions will be held online at 6:00 pm on Tuesdays, Wednesdays, and Fridays and at 10 am on Saturdays and Sundays.

Facilitators – IIT Delhi Alumni: Shri Sushil Jain and Dr Gopal Babu

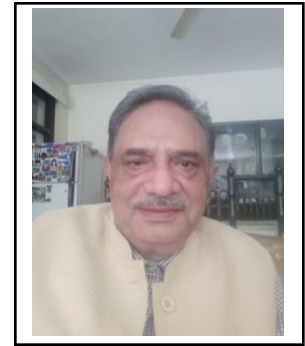
The broad outline of the workshop modules is as follows. Some of the sessions in the table will be combined so as to have a duration of the workshop of about 40 hours.

Workshop modules

Module	Session	Introduction
1		
	1	Understanding the Need
	2	Self-exploration as the Process
	3	Continuous Happiness and Prosperity – the Basic Human Aspirations
	4	Right Understanding, Relationship, and Physical Facility
	5	Happiness and Prosperity – Current Scenario
	6	Method to Fulfill the Basic Human Aspirations
Module	Session	Harmony in the Human Being
2		
	1	Understanding Human being as the Co-existence of Self and Body
	2	Distinguishing between the Needs of the Self and the Body
	3	The Body as an Instrument of the Self
	4	Understanding Harmony in the Self
	5	Harmony of the Self with the Body
	6	Program to ensure self-regulation and Health
Module	Session	Harmony in the Family and Society
3		
	1	Harmony in the Family – the Basic Unit of Human Interaction
	2	Values in Human-to-Human Relationship
	3	'Trust' – the Foundational Value in Relationship
	4	'Respect'– as the Right Evaluation
	5	Understanding Harmony in the Society
	6	Vision for the Universal Human Order
Module	Session	Harmony in the Nature/Existence
4		
	1	Understanding Harmony in the Nature
	2	Interconnectedness, self-regulation, and Mutual Fulfillment among the Four Orders of Nature
	3	Realizing Existence as Coexistence at All Levels
	4	The Holistic Perception of Harmony in Existence

Module 5	Session	Implications of the Holistic Understanding – a Look at Professional Ethics
	1	Definitiveness of (Ethical) Human Conduct
	2	A Basis for Humanistic Education, Humanistic Constitution and Universal Human Order
	3	Competence in Professional Ethics
	4	Holistic Technologies, Production Systems and Management Models-Typical Case Studies
	5	Strategies for Transition towards Value-based Life and Profession

Facilitator – Shri Sushil Jain



Associated with UHV Movement, FRNV, NRCVEE-IITD, TGF, PSSM, with an understanding that:

Facilitated exploring and understanding Self is essential for all, in education (schools, colleges, training institutions), to empower individuals for building strong, sustainable, evolved and happy societies everywhere.

Alumnus of IIT Delhi, with B. Tech. (1973) and M. Tech. (1975) in electrical engineering; stayed in Kumaon & Vindhyaachal hostels; Fellow & Life Member: Institution of Engineers (India), Institution of Valuers, Indian Society of Lighting Engineers; LM-IEEE, SESI, ICA.

Associated with IIT Delhi Alumni Association since 2002, Secretary (2003-04) and President (2004-05), represented IITDAA on the Senate (2004-05).

45 Years of professional experience on major construction projects with multinationals, in India and abroad; as entrepreneur, engaged in contracting, consultancy, manufacturing, exports, design consultancy for Delhi and Mumbai Metro Lines, industries, universities, large housing projects, EDH, city centers.

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Education:

- Ph.D. from IIT Delhi, NRCVEE (National Resource Center for Value Education in Engineering) on “**Discovering Harmony and Interconnectedness in Nature for evaluating and evolving sustainable Socio technological system**”, November 2020.
- M.Tech (IT) from Karnataka State of Open University in 2010.
- B. Tech (IT) from IEC COLLEGE OF ENGINEERING AND TECHNOLOGY affiliated to UP TECHNICAL UNIVERSITY LUCKNOW in July 2004.

Publications:

- Babu G, Satya Harsh, Gaur R R, Satya Santosh, सस्टेनेबिलिटी मॉडल की खोज में कुछ प्रयास (क्षेत्रीय एवं वैश्विक अध्ययन), Jigyasa, IIT Delhi, 2021; 35: 64 – 69
- Babu G, Gaur RR. “Understanding Inherent Interconnectedness, Co-existence and Self-regulation in Nature (Existence) and their Implications Leading to a Holistic Worldview”. Int J Adv Res Peace Harm Edu 2017; 2: 21-26.
- Babu G, Interdisciplinary Research Project Report entitled “Discovering Interconnectedness and Co-existence at various levels in Nature through scientific evidence, direct observations and spirituality”, IASE Deemed University Gandhi Vidya Mandir, Sardarshahar, Rajasthan, 2015, Smaran Prakashan, New Delhi.
- Babu G, Satya Santosh, Bagaria Ganesh, सतत विकास में परिवार की भूमिका - एक अवलोकन, Jigyasa, IIT Delhi, 2015; 29: 4 – 6.

Workshops/Conferences attended

- 10 days AICTE sponsored workshop on Non-Violent Communication for the development of value-based courses, 25 – 31 July 2021.
- 2nd National Conference on Universal Human Values in Higher Education “AKTU as a Living Model for a Sustainable Humane Society”, organized by TEQIP-III, conducted by VE Cell, AKTU, Lucknow, 18 – 20 July 2019.
- National Conference on Information and Communication Technology Opportunities & Challenges in 21st Century, 4th – 5th February’ organized by Birla Institute of Technology, MESRA, RACHI, 4-5 Feb, 2011

- Two weeks workshop on Emerging Trends in Networking Technology, Data Engineering & Information Security, sponsored by Ministry of Human Resource Development, Government of India, 18 July 2011- 29 July 2011.
- National Seminar on Emerging Trends in Virtualization & Cloud Computing, organized by MAIT, Ghaziabad, 15 Feb 2011
- Attended a certified “Program in Advanced Java Programming for Web Development” of 72 Hour duration from NIIT, New Delhi. 2010
- Eight days FDP on “Human Values and Professional Ethics”, by UPTU, Lucknow, 13 July – 19 July 2009.
- National Conference on Technologies and Trends in Advance Computing. Organized by Ideal Institute of Technology, 2008

Achievements

- Course Coordinator of MOOCS Course on UHV-IV: Vision for Humane Society.
- Expert member of the committee to finalize the model curriculum in Universal Human Values since 17 Dec 2021.
- Member of National Coordination Committee for Student Induction Program (NCC-SIP), AICTE since 2019. Active participation in designing activities for Students Induction Programs and syllabus for Value Education.

Worked as Resource Person of Universal Human Values

- Nominated Member of ‘Value Education Cell’ of MTU (Mahamaya Technical University) by Hon'ble' Vice Chancellor of the University on 120 august 2011.
- Conducting 8 – Day’s workshops on “Human Values and Professional Ethics” for MTU faculty members since 2011.
- Conducting 8 – Day’s workshops on “Human Values and Professional Ethics” for UPTU faculty members since 2011.
- Conducting 8 – Day’s workshops on “Human Values and Professional Ethics” for PTU (Punjab Technical University) faculty members since 2013.
- Conducting UHV111 course in the form of 8 days’ workshop for students of IRCVE (International Resource Center for Value Education), PTU, Kapurthala.
- Conducting 8 – Day’s workshops on “Universal Human Values” for faculty members of Galgotia University, Greater Noida, since 2013.
- Conducting 8 – Day’s workshops on “Human Values and Professional Ethics” for faculty members of HPTU (Himachal Pradesh Technical University), since 2013.
- Conducting 8 – Day’s workshops on “Human Values and Professional Ethics” for faculty members of Atmiya Group of Institutions, Rajkot since 2014.

- Conducting 8 – Day’s workshop on Human Values for faculty members of different public schools.
- Conducted two 3-days workshop for IIT Delhi Alumni in IIT Delhi on ‘Leadership through Self-Discovery’.
- Conducted many 3-days workshop for faculty members and Directors of different universities.
- Conducting 8-days workshop for students of B. Tech, M. Tech and other professional courses.
- Participated as Panelist in ‘International Conference on Value Education in Higher Studies’ in Atmiya Group of Institutions, Rajkot.