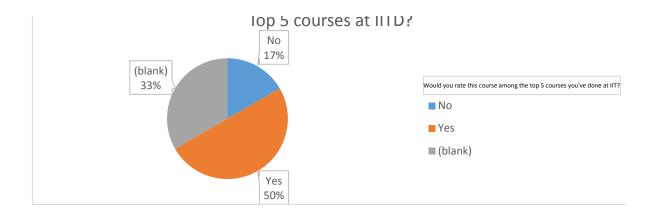


NRCVEE course for which feedback is being given

Count of Timestamp



What did you like the most about the course?

VEV731 by Shri Adinarayanan

Everything was great in the course be it theory, life experiences or practices. I was nice experience.

Got some insight on Indian medical sciences

He had immense knowledge about what he was saying

Inner dynamic of body and mind

It was full of logical explanations for things which i considered 'superstition' before attending this course.

meditation

methodology and approach

The scientific approach to different concepts related to life.

Yogic and ayurvedic learning

(blank)

Grand Total

Describe your course experience to a fellow student

VEV731 by Shri Adinarayanan

A course that will transform you

food for thought on lifestyle modifications

Good to have an idea about Ayurveda and Yoga. But it's too short to get a hang of it

I will describe about the day to day lifestyle can be improved by using these things.

I would definitely recommend the course. It helps in understanding our body and brain much better through the lenses of indian science which we hardly got the chance in our school or college curriculum. The course is very insightful and practical as well.

I would recommend him/her to join this course.

Must do it it's wonderful experience

The course was ok. It was more like open ended discussion rather than a well structured course on yoga or Ayurveda. One can gain really very basic knowledge in these 15 hours, in which actually alot could have been taught.

you should do this course very powerful and life changing experience (blank)

Grand Total